

Concord

Neighborhood Center



Caring for Families Since 1875

Concord Neighborhood Center

Annual Report

2018



**2018
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Serving Southside Families since 1875 | In 1875, Concord Neighborhood Center was founded by the American Turners as a turnverein, or German gymnastics society. The American Turners managed operation of the facility, located on the corner of Morris and Meridian Streets, and they administered programs to the benefit of German immigrant families that was relocating to the near-Southside for jobs in an emerging industrial sector. By the turn of the century, Jewish immigrant families began to follow, and the Jewish Welfare Federation assumed management of the Center in the 1910s. The Center was named the “Communal Building” and it offered English, naturalization, enrichment and childcare classes to help residents acclimate to life in the United States. During this time, African American and Appalachian families also began moving north, to the near-Southside of Indianapolis, for the same employment opportunities. From the 1870s until shortly after the Great Depression, the near-Southside and its residents prospered.

Over time, too much industry, construction of the interstate system, and suburban sprawl disrupted the neighborhood’s quality of life, and many families moved away. In 1946, the Communal Building was established as part of the Community Fund and Council of Social Agencies. Eight years later, it was renamed Concord Center Association. The agency remained in its near-Southside community to provide the same types of programs and services needed that had helped residents thrive since its founding. From the early 1960s to 1982, Concord was a member agency of Indianapolis Settlements, Inc. (ISI) and then it became a member of the Community Centers of Indianapolis (CCI) until 2004. At that time, Concord’s independent 501(c)3 status was restored. In 2016, Lilly Endowment Inc. awarded Concord a \$5 million grant to create an endowment that will sustain operation for decades to come.

The Near-Southside Today | Concord’s programs and services are intended for individuals and families who reside within a 12.3 square catchment area immediately south of downtown Indianapolis. The official service area is bounded by: Washington Street (N.), I-65 (E.), Thompson Road (S.) and the White River (W.), which includes all of zip code 46225 and portions of 46227 and 46203. Concord is the southernmost multi-service center in Marion County, representing 35,813 individuals across 13,861 households.

Though the near-Southside is generally regarded as “safe” due to low violent crime, zip code 46225 is one of the most economically depressed neighborhoods in Marion County. Average household is half the County average (\$21 thousand compared to \$42 thousand), and the neighborhood high school reported a 47 percent on-time graduation in 2018. According to a report published by the Richard M. Fairbanks School of Public Health (*Worlds Apart*), residents of zip code 46225 report the lowest life expectancy in the Metro-Indianapolis region: 69.4 years. Concord, in collaboration the lead author of the report, is beginning to research the underlying causes of the low life expectancy and will introduce new programs and services to improve overall community health in the coming years.

Mission: “To provide opportunities that advance the education, health, well-being and independence for near-Southside families.”





2018 A review by the numbers:

222 senior neighbors enrolled in the "Good Neighbor" Indy Do Day project, when volunteer groups assist with outdoor yard-work and maintenance ahead of the fall and winter seasons.

2 families realized a life-long dream when they moved into their own, newly constructed homes thanks to a partnership with the Fuller Center for Housing.

4,372 warm, nutritious lunches were served in the Dynki Deli. The Deli is open for lunch on weekdays. Senior neighbors pay \$4 for a complete lunch.

a **9** hole miniature golf course was designed and constructed by summer day camp participants. Fully operational, it's now being used to teach golf skills to participants.

Concord recognizes the following foundations, sponsors, and businesses that provided generous support in 2018:

AJ's Lounge | Anonymous | American Family Insurance | Arthur M. Glick Jewish Community Center
Bill Estes Automotive | Brehob Corporation | Brobarn LLC | Burke Associates | Campbell Ventilation
Calvary Temple Church | CICF | Connecting Hearts at Home | Core Planning Strategies | Cornerstone
Environmental Health & Safety | Draheim DDS | Enterprise Holding Foundation | FEMA | First
Merchants Private Wealth Advisors | the GE Foundation | Goldman Jewelry | Good Oil Co. | Greene's
Auto & Truck Services | Ice Miller, LLP | Impact Old Southside | Indiana Pacers Foundation | Indiana
Precision Grinding | the Indiana Railroad Company | Indiana Sports Corporation | IFD | Indianapolis
Hebrew Congregation | J. Solotken and Co. | Jacobs Engineering | JP Parker Flowers | Jewish Federation
of Greater Indianapolis, Inc. | Jonnathan & Tory Patterson | Jungclaus-Campbell | Liberty Mutual
Foundation | Lilly Endowment, Inc. | MCCOY | McNeely Family Fund | Metalworking Lubricants
Midwest Fuels Transportation Club | National Bank of Indianapolis | Network for Good | Nina Mason
Pulliam Trust | OmniSite | Peine Engineering | Pile CPAs | Pleasant Run UCC | PNC Bank | Presidents
Roundtable | Riley Children's Foundation | Samerian Foundation | Side Street Catering | South 31
Veterinary Clinic | Sysco | the Health Foundation of Greater Indianapolis | The Wishing Well Fund
United Way of Central Indiana | Williams-Fox Entertainment

A Comprehensive Approach to Service Delivery

Concord's mission is realized through six core programs: nationally accredited early childhood education, school-aged youth development, comprehensive teenage development, family social services/basic needs assistance, older adult enrichment, and HIV healthcare coordination. The programs are separate, but they can also work together to provide individualized services that families need to thrive. Early learning is both full-day childcare and a kindergarten-readiness program; adult family members of school-aged youth participants are frequently referred to employment opportunities or continuing education programs to improve their skillsets; participants in the older adult enrichment program counsel with Concord's licensed social workers for basic needs assistance. Concord's core programs are designed to work together as a continuum of care throughout different life stages and the needs presented by each.

Each of the core programs is comprised of distinct education, health, social and recreational initiatives. The diversity in programming focuses on "whole person" development and supports life-long learning. Each program offers some balance of basic needs assistance and meaningful enrichment opportunities. On-site transportation and nutrition services increase the core programs' accessibility and impact and the basic healthy and safety for all participants. Concord's programs are offered either at no cost or below market rate; inability to pay is not a barrier to participation, and additional resources are available when necessary. Concord is open for service from 6 a.m. to 8:00 p.m. weekdays, and community groups may rent or use the facility after hours. In 2018, Concord served 1132 near-Southside neighbors.

Family Social Services

Licensed social workers provide comprehensive case management for near-Southside individuals and families to ensure households can maintain their self-sufficiency and improve their overall quality of life. Family Social Services offers basic needs assistance, employment counseling, financial consulting, and referrals to external agencies.

In 2018

The Family Social Services program helped 137 families reach their goals.

32 families avoided homelessness.

Even with the economy approaching full employment, nearly 40 percent of adults report that they or their families had trouble meeting at least one basic need for food, health care, housing, or utilities in 2017. (Urban Institute)

Older Adult Enrichment

Concord offers a forum through which adults aged 60+ years may remain engaged in their community and with their peers over age-appropriate social, recreational, and enrichment activities. The older adult enrichment program is offered weekday mornings, and the activity calendar is participant-directed. The program is focused on improving socialization to prevent isolation, and to support seniors' aging in place. Participants may be referred to the Family Social Services program for assistance, and they receive help with indoor and outdoor home projects at least annually.

In 2018

219 older adults participated in the Older Adult Enrichment program.

95% of participants reported that they have at least one friend who cares about them as a result of their engagement in the older adult enrichment program.

According to the AARP, about 40 million family caregivers provided 37 billion hours of care worth an estimated \$470 billion to their parents, spouses, partners and other adult loved ones.

Early Childhood Education

Concord provides a nationally accredited, Paths to Quality IV early learning program for children ages 3-5 years. The program seeks to build foundational skills and prepare students for success in school. The lead teachers are CDA certified, and they use the Creative Curriculum to teach I-STAR KR standards. The program is a full-day model to support the childcare needs of families.

In 2018

The early learning program enrolled 54 students.

100% of early learners tested “kindergarten ready” on the standardized Brigance test.

Both brain architecture and behavior are increasingly difficult to change as individuals get older so what happens early matters for a lifetime (Brain Hero, 2009).

School-Aged & Teen Youth Development

Youth development programs are designed to follow school-aged youth through completion of their chosen post-secondary endeavor. In elementary school, the program offers a variety of education, health, social, and recreational activities. Now for the Future is the middle school/teen program, and its schedule further focuses on college-and-career readiness and interpersonal skills development. Programming is offered before- and after-school and full-days when school is not in session. Concord also offers a twice-weekly extra-curricular recreational program “Teen Night.”

In 2018

Concord provided quality programs and supervision for 383 youth.

86% of youth development participants self-reported that participation in Concord’s program helped them understand and improve their emotional intelligence.

98% of teen participants completed a college and career readiness plan and have clear goals for what they want to be when

The hours when school is not in session represent the most at-risk times for youth. Unsupervised youth are three times more likely to commit a crime, be a victim of a crime, use drugs or drop out of school. (IAN, 2018).

Care Coordination

Concord is an ISDH Care Coordination Program site. The program serves individuals living with an HIV+ diagnosis to best manage their health and overall quality of life. Clients receive assistance with medical, psychosocial, healthcare needs, insurance enrollment, and general basic needs assistance.

In 2018

205 clients accessed the Care Coordination program at Concord.

96% of clients that regularly participated in the program reported an undetectable viral load.

HIV-positive individuals engaged in care are more likely to be virally suppressed, improving clinical outcomes and decreasing chances of HIV transmission (NCBI, 2016).

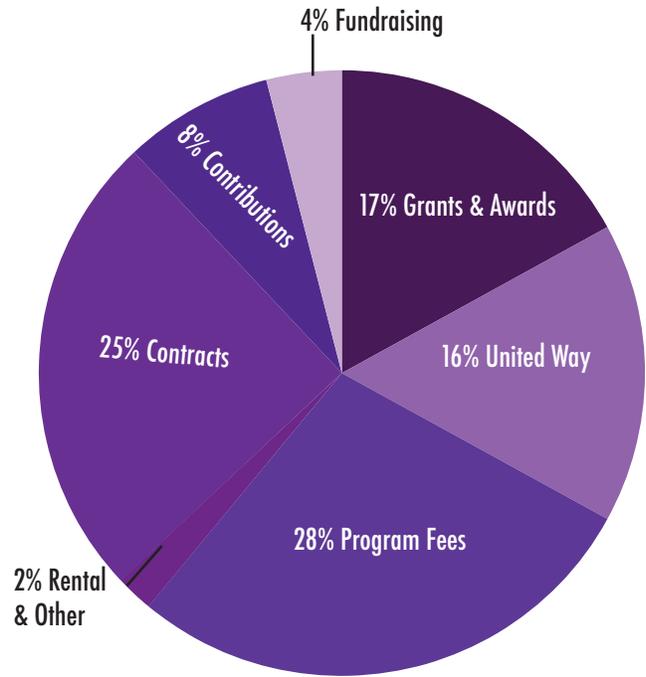


Statement of Revenue and Expenses
Actual for year end 12/31/18

INCOME	
Contract Income	\$226,085
Contract Inc-Specific Assistance	55,949
United Way-Monthly Support	165,580
United Way - T.I.F. Funds	47,586
Grants/Awards	111,878
Contributions	86,863
Fund Raising	38,936
Program Fees	280,611
Rental Income	10,794
Investment Income	57,432
Other Revenue	20,871
TOTAL INCOME	\$1,102,588

EXPENSE	
Salaries & Wages	\$757,368
Payroll Taxes	56,216
Employee Benefits	121,652
Professional Fees	25,767
Supplies	115,647
Telephone	11,866
Postage/Shipping	3,481
Occupancy: Rent/Utilities	26,806
Occupancy: Repairs & Maintenance	73,055
Insurance	23,492
Conferences/Meetings	3,146
Printing/Publications	2,125
Travel/ Transportation	10,852
Contrib./Dues/Awards	590
Furn/Equip: Lease/Rental	3,161
Activity Fees/Charges	3,855
Other Expenses	12,177
Fund Raising Expense	31,077
Specific Assistance	65,212
TOTAL EXPENSES	\$1,347,552
SURPLUS / (DEFICIT)	(\$244,963)

Income by Source



Budget Allocation by Program

